

NSJ Gaga Ball Rules

1. Players start inside the pit touching the sides.
2. One player throws the gaga ball up into the air. Players yell "Ga" on the first bounce and "Ga" again on the second bounce, and the ball is then in play.
3. Players can hit the ball with one hand, but cannot pick up and throw it.
4. If the ball touches a player anywhere on or below the waist, that player is eliminated.
5. A player cannot catch the ball, they may block it and "dribble" it for 3 seconds, then it must touch the wall or another player to be in play.
6. Players may not kick the ball since this means touching the ball below the knee.
7. If the ball is hit out of the pit, then the last player to touch the ball is out.
8. Players who are out must leave the gaga pit immediately.
9. Players who are outside the pit after elimination who catch a ball leaving the pit earn another chance to go back into the pit to play.
10. The last player out is the winner and gets to start the next game.

HAVE FUN!

